

A man with a beard, wearing a brown pilot's hat with goggles and a yellow and white striped shirt, is smiling and looking down at two young children. The children are sitting inside a large cardboard box that has been transformed into an airplane. The box has a large blue eye drawn on the front, black outlines for wings and a tail, and a jagged line at the bottom representing a horizon or ground. One child is holding a small white cup, and the other is holding a green toy. The scene is set indoors with large windows in the background.

**COVID-19:**  
**Staycation**

Ideas to make staying  
safe at home *fun*

Try some of these ideas 



## Transform Your Living Space into a Sanctuary

### Create a Spa Day

Grab your robe, scented candles and relax at home in your tub or comfy lounge chair!

- [How to Have a Relaxing Spa Day at Home](#)

### Do a Room Makeover

Organize the clutter, paint the walls, and redecorate by “shopping your house” for items from other rooms to place in your “refreshed” room—see how you can transform your space into something truly inviting.

- [How to Give Your Room a Makeover](#)

### Make A DIY Fort for the Whole Family

Gather pillows, blankets and maybe even some small string lights to hang in your fort.

- [How to Make a Blanket Fort](#)

### Enjoy Backyard Camping

Get out the tent, sleeping bags/air mattress, and some bug spray, make s'mores and tell some ghost stories with a flashlight/lantern.

### Set Up a Backyard Pool

If you have the backyard space, share a summer splash with your kids in an inflatable pool.

- [16 Fun Inflatable Pool Ideas](#)

### Grow a Vegetable Garden

Even a small patch of sunlight is great for growing cherry tomatoes, herbs, lettuces and many other tasty veggies.

- [Tips for a Raised-Bed Vegetable Garden](#)



## Expand Your Horizons

### Try an Online Cooking Class

Gather new or existing ingredients and put together a tasty dish.

- [12 Free Online Cooking Classes You Can Take Right Now](#)
- [12 Chef-Taught Online Classes to Help You Cook](#)

### Attend an Online Cocktail Class

Learn how to make interesting, festive cocktails.

- [6 Cocktail-Making Classes to Take Online](#)
- [Virtual Cocktail Classes](#)

### Take a FREE Online College Course!

Whether it's photography, business skills or another course you fancy, here's a sampling of learning options.

- [www.classcentral.com/](http://www.classcentral.com/)
- [Nikon School Online](#)
- [14 Extremely Helpful Free Graphic Design Courses](#)

### Learn a Foreign Language

Learning a new language can be fun and doesn't have to be expensive. And, Babbel is offering free programs to students in kindergarten through college.

- [49 Free Language Learning Websites that are Almost Too Good to Be True](#)
- [This Language App is Offering Free Subscriptions for Students from Kindergarten to College](#)

### Try Online Workout Videos for Adults and Kids

Following an online workout video is a great way to get, and stay, in shape.

- [Fun Indoor Fitness Ideas for Kids](#)
- [How to Stay Active While Working Remotely](#)
- [www.cosmickids.com](http://www.cosmickids.com)
- [25+ Fitness Studios and Gyms Offering Live-Stream Workouts During the Coronavirus Outbreak](#)



## Break Out the Entertainment

### Schedule a Game Night

Dig out the board games, teach yourself a new card game or put together a puzzle. Or, play online trivia with friends or family virtually. Have fun!

- [Play Lovatts Free Online Trivia](#)
- [Quizwitz.com](#)
- [Card Games Everyone Should Learn To Play](#)

### Plan a Movie Marathon

Pop some popcorn, or make brownies, and get settled in for the night in your PJs. Pick a theme and choose movies that fit the theme. You can always watch a series like Harry Potter, Star Wars, Pirates of the Caribbean, Rocky or Mission: Impossible, just to name a few.

### Make a Family Scrapbook

Pull out those photos, relive fun memories and share your stories while creating a treasured keepsake.

- [5 Family Scrapbook Ideas To Inspire You!](#)

### Take Up a “New Hobby” – Reading!

Check your local library for their digital subscription options, enabling you to download books on your favorite devices. Make some lemonade, sit outside and enjoy!

- [1,000 Free Audio Books: Download Great Books for Free](#)

### Enjoy Story Time with a Celebrity

Many celebrities are reading stories online or kids to listen to. You can also search #OperationStoryTime on Facebook, Instagram, and YouTube to find a beloved author or discover a new one!

- [www.StorylineOnline.net](http://www.StorylineOnline.net)

### Tap Your Creativity — Try Painting Kits

Many creative studios are now offering pick-up kits to do projects at home. Here are just two options.

- [Board & Brush Studio Locations](#)
- [Painting with a Twist: Twist at Home](#)



## Go On an Adventure

### Take a Hike

Lace up your sneakers or hiking boots and visit a nearby park listed in the link below. Be sure to follow any social distancing rules or restrictions for your destination.

- [National Park Service: Find a Park](#)

### Plan a Drive-in Movie Theater Night

Check out drive-in movies available in your area. Look into your township events page for summer drive-in events in local parking lots.

- [www.DriveInMovie.com](http://www.DriveInMovie.com)

### Take a Virtual Field Trip in Your Living Room

Virtual tours offer a new way to see the world—and you don't even need a passport! Here are some great destinations.

- [Bored at Home? Here's a Massive List of Museums, Zoos, and Theme Parks Offering Virtual Tours](#)
- [8 Stunning Virtual Garden Tours Around the World](#)
- [Experience Kennedy Space Center Visitor Complex with Space Visor](#)

### Go to Disney!

Disney has launched a website where kids and yes, even adults, can enjoy videos, games, recipes and more. You can also take a virtual visit to the theme park as well as “ride” the rides.

- [#DisneyMagicMoments](#)
- [Experience Disney Parks around the World with these Virtual Rides](#)
- [Orlando Virtual Tour](#)

### Try a Virtual Wine Tasting

Discover what wineries offer virtual tastings and where to buy bottles of what they will be sampling.

- [The Best Virtual Wine Tastings to Enjoy from Home Right Now](#)
- [Virtual Wine Tastings at Home with Wine.com Experiences](#)

**HealthAdvocate<sup>SM</sup>**