1. **PREPARTICIPATION PROCEDURES**

A. **Athletic Medical History Questionnaire:**
Prospective student-athletes must complete an Athlete Medical History Questionnaire, which can be accessed on the DSC website. Care must be given to answer all of the questions completely and accurately. It is very important to submit **ALL** medical records as requested by the designated date, to avoid any delay in the eligibility process for team participation.

B. **Athletic Physical Examination:**
All students wishing to participate on a developmental team must provide a physical exam conducted by a board-certified physician. Physical Exam forms may be printed from the website and taken to the family physician to be completed. Students may find themselves placed on a “Provisional” status after their physical exam. This means that some additional information, testing or monitoring of the student-athlete is required in order to be eligible for team participation. Students may play or practice with the team as long as they comply with the restrictions or recommendations of the Sports Medicine Staff. Failure to meet deadlines or cooperate with the Sports Medicine Staff while on a “provisional” status will result in the student-athlete being medically ineligible to participate in **ANY** College athletic activity. Students who have not been “cleared” by the physician conducting their exam may require further evaluation and possible testing by the Sports Medicine Staff for any problem(s) that may inhibit full participation. Students who have not been cleared as a result of the athletic physical exam may NOT play or practice with the team until specific tests or necessary information is obtained. **The final decision regarding participation in athletics resides with the Daytona State College Team Physician and Sports Medicine Staff.**

C. **Athletic Insurance Information Form:**
All students participating on DSC developmental sports teams must provide proof of health insurance. Prospective student-athletes must have a completed Athlete Insurance Information form on file with the Office of Sports Medicine prior to any participation in team activities. This form is also available on the website, and should be returned to the Office of Sports Medicine by the designated date. Please complete all requested information in its entirety to avoid any delay in starting practices. In addition, send a photocopy of both sides of your health insurance card. If your insurance company will provide an additional card for the student-athlete, it is extremely helpful.

**NOTE:** Each student-athlete is responsible for updating his/her Athletic Medical History Questionnaire and Athlete Insurance Information form should either change. Failure to do so will result in the student incurring unnecessary medical costs should the required procedures not be followed.
II. INJURY / ILLNESS PROCEDURES

A. Reporting Procedures:
The student-athlete is responsible for reporting injuries and illnesses to the Athletic Trainers as soon as possible. The Sports Medicine Staff will make necessary medical referrals as indicated. In the event of any emergency due to an athletic injury or illness, the athlete will be transported to a pre-arranged hospital or medical facility. Failure to follow these procedures may cause the student-athlete to be ineligible to play or practice with the team until ALL related medical records/documentation are received and reviewed by the Sports Medicine Office.

B. Referrals to Off-Campus Physicians or Medical Specialist:
All student-athlete ‘off-campus’ medical referrals should be reported to the Sports Medicine Office. The appropriate referral forms will be provided to the athlete so that they may be completed by the Health Care Provider and returned to the Sports Medicine Office for review before clearance for participation will be given. It is the responsibility of the student-athlete to provide any physician’s notes to the Sports Medicine Department in a timely manner to facilitate the best possible injury care.

C. Treatments/Rehabilitation:
The Athletic Training Room hours are posted with each sport season. Treatment/rehabilitation and taping will be available to all athletes, but those in-season will receive first priority. Failure of an injured athlete to keep treatment and/or rehabilitation appointments will be interpreted as the athlete’s unwillingness to cooperate with the Sports Medicine Staff for the earliest possible return to play and may result in the student-athlete being ineligible to participate in any Daytona State College athletic activity. The Head Coach will be informed of athletes who fail to keep appointments. The Athletic Training Staff receives its direction and supervision from the Team Physicians and Director of Athletics. All athletes are required to adhere to the Athletic Training Room Rules that are posted. The Athletic Training Room is co-educational and is located in the Lemerand Center.

D. Practice or Game Participation for an Injured or Ill Athlete:
Decisions about the availability of an athlete for practice or game competition shall be the sole responsibility of the members of the Daytona State College Sports Medicine Staff.

NOTE: Daytona State College and the Athletic Department do not provide insurance coverage for developmental teams. Please be sure you are aware of your health insurance policies and procedures regarding deductibles and co-pays. We recommend that any athlete with a managed care (HMO/PPO) policy who resides more than 30-45 minutes away from Daytona Beach change his/her primary care physician to a local one, preferably Daytona State College’s primary care physician. This change will greatly lessen the amount of time, money, and energy spent on accessing appropriate health care, and therefore, time away from active sport participation. Please contact your insurance company to inform them that your son/daughter will be away at college.

Director of Athletics: Will Dunne (386) 506-4486
Assistant Director of Athletics: Cindy Iafanti (386) 506-3097
Director of Sports Medicine: Kim Csabi, ATC, LAT (386) 506-3989
Staff Athletic Trainers
Trevor Burns, ATC, LAT (386) 506-3435
Katie Knappenberger, ATC, LAT (386) 506-3114
Team Physician: John Shelton, M.D. (386) 254-4165